



Epidemiological Research Training Course V-1

August 15-19, 2011

Ho Chi Minh City, Vietnam







Our long-standing research counterparts in Vietnam kindly made a donation to disaster victims in Fukushima. We also received a message from Ho Chi Minh City Health Service that they were raising funds. **We deeply appreciate their thoughtful and generous support.** Mindful of their encouragement, we are keeping our plan to execute JICA Partnership Project's epidemiology training course in Ho Chi Minh City this August. Now, more than ever, we feel that **international health activities enrich all participating countries**, rather than being a one-way flow support from one side to the other.

http://cbbstoday.org/images/nolletprs/fmu_pr07apr11english.pdf



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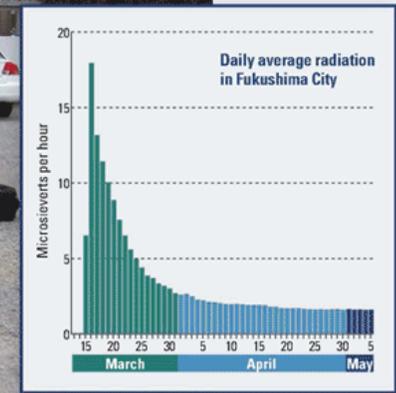
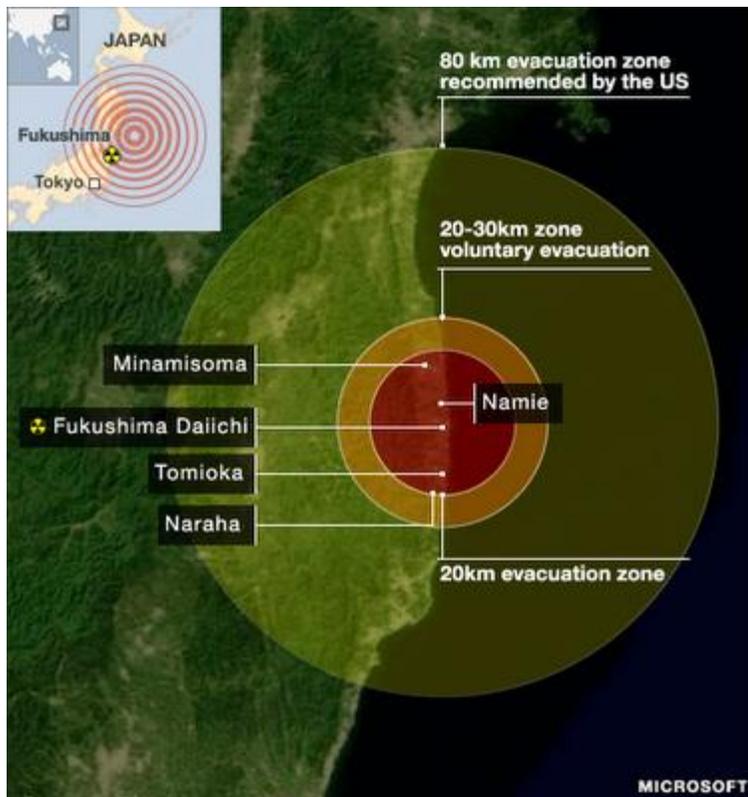


Flooding following an earthquake and tsunami
Sendai, northeastern Japan
March 12, 2011. TIME
[http://newsfeed.time.com/2011/03/11/
japan-wakes-to-devastation-death-toll-
climbs-rescue-effort-continues/](http://newsfeed.time.com/2011/03/11/japan-wakes-to-devastation-death-toll-climbs-rescue-effort-continues/)

Lancet. 2011; 377(9770): 968.
Japan: health after the earthquake.



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Normile D. Fukushima Revives The Low-Dose Debate. *Science* 332 (6032) 908-910.
<http://www.sciencemag.org/content/332/6032/908/F1.expansion.html>

<http://duniandt.blogspot.com/2011/03/fukushima-disaster-vietnamese.html>

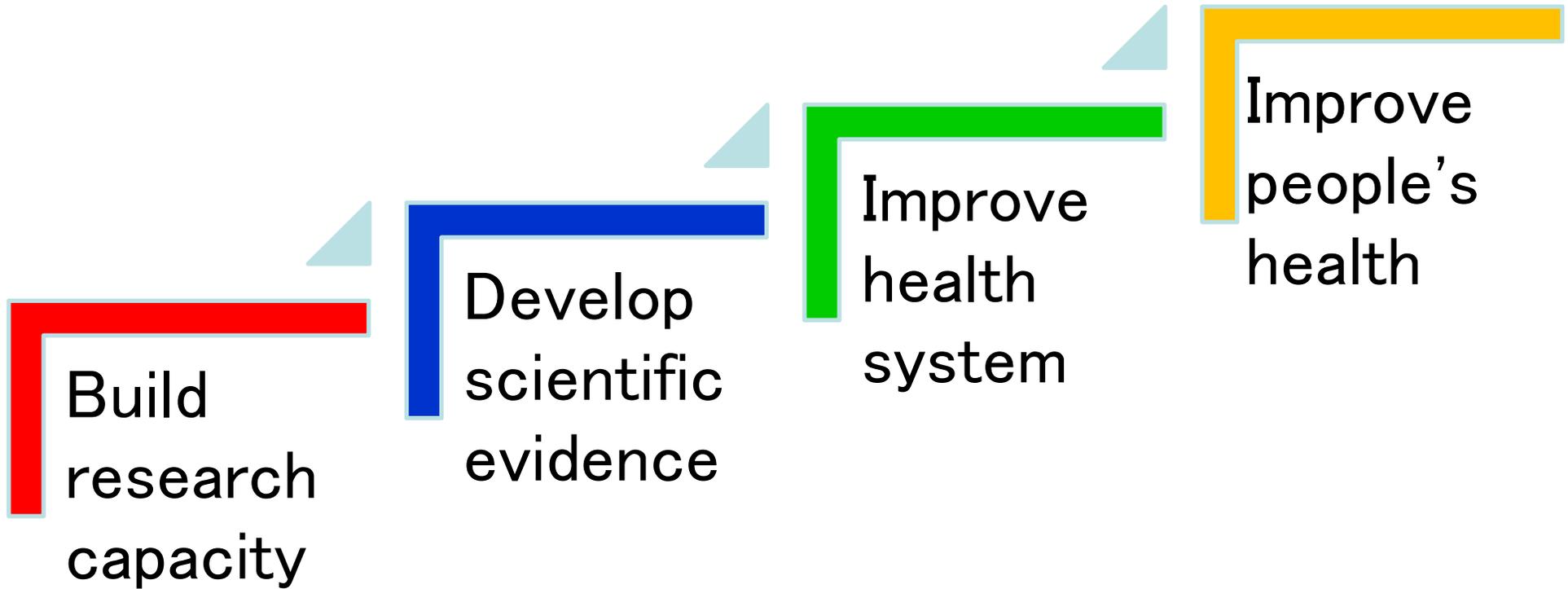
Short-term and long-term health risks of nuclear-power-plant accidents.

Christodouleas JP, et al. *Engl J Med* 2011; 364: 2334-41.
<http://www.nejm.org/doi/full/10.1056/NEJMra1103676>



- ❖ Public health nurses in Fukushima City are facing raising anxiety among mothers regarding health effects of low-dose radiation exposure.
- ❖ What would you do if you receive questions like “How should we respond? Could you please help us?”

Research capacity building



(Nchinda TC. Research capacity strengthening in the South. Soc Sci Med. 2002; 54: 1699-711.)

Project history

| | Joint research (VN ↔ JP) | Epidemiology training (VN ← JP) | Medical education (VN → JP) |
|------|---|---------------------------------------|---|
| 2002 | Reproductive tract infections (JICA) | | |
| 2003 | | | |
| 2004 | Unintended pregnancy | Epi. Research Training Course I | International Health Elective Training I |
| 2005 | | | International Health Elective Training II |
| 2006 | Child rearing and perioperative care | Epi. Research Training Course II | International Health Elective Training III |

| | Joint research (VN \leftrightarrow JP) | Epidemiology training (VN \leftarrow JP) | Medical education (VN \rightarrow JP) |
|------|---|---|---|
| 2007 | Diabetes care | Epi. Research Training Course III | |
| 2008 | | | |
| 2009 | Parenting support | Epi. Research Training Course IV | International Health Elective Training IV |
| 2010 | | Evidence-based Medicine Training-of-Trainers I | |

❖ We have trained **128** health professionals.



Course content

| Morning classes | Afternoon classes |
|--|---|
| Lectures and exercises on basic epidemiology and biostatistics | Lectures on advanced epidemiology and biostatistics |
|  Examination | Group work on critical appraisal |
| |  Group presentation! |
| | Group work on protocol development |
| |  Group presentation! |

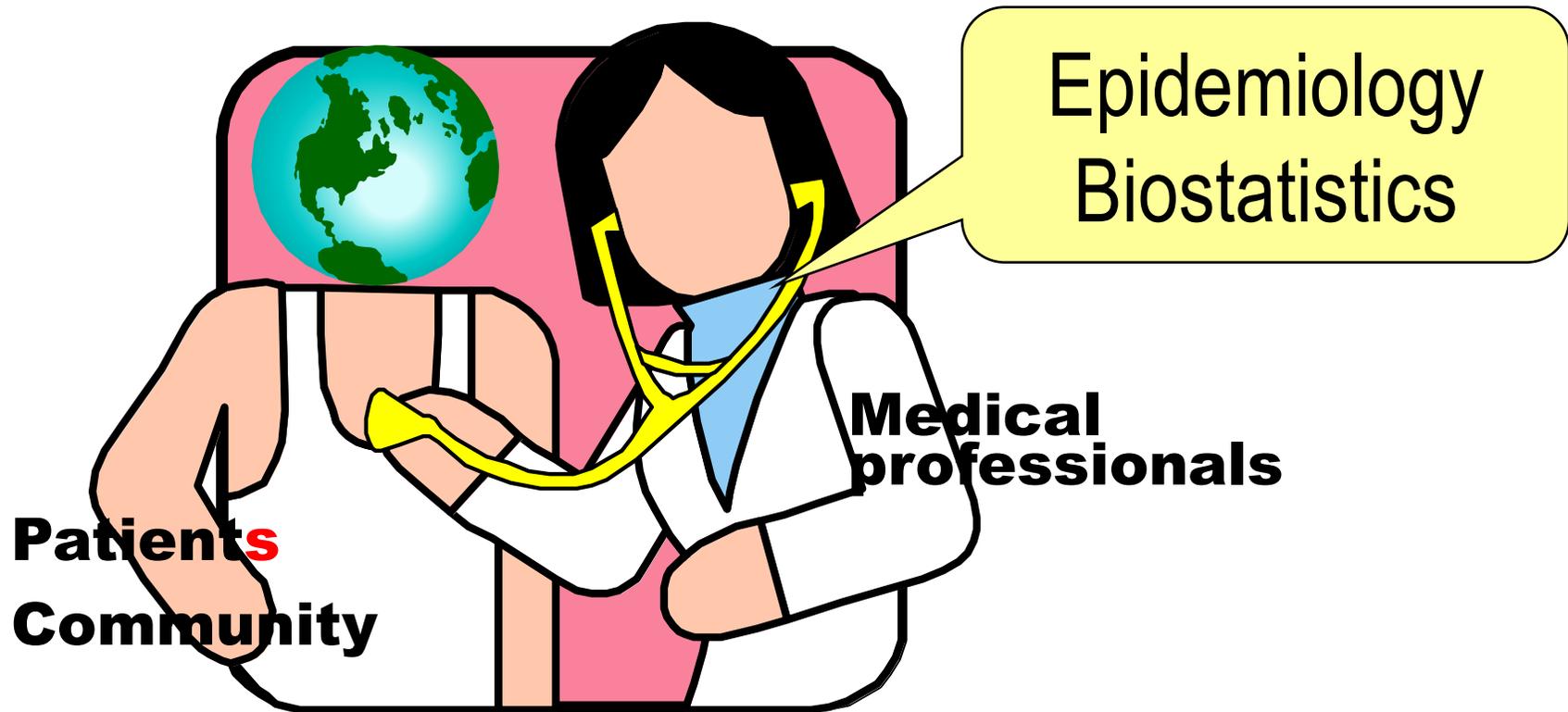
❖ Please confirm whether you are in the audit or the project group.

Recommended textbooks

- ❖ Gordis L. Epidemiology.
(WB Saunders Company)
- ❖ Hulley SB, et al. Designing Clinical Research.
(Lippincott Williams & Wilkins)
- ❖ Motulsky H. Intuitive Biostatistics.
(Oxford)
- ❖ Bonita R, et al. Basic epidemiology.
(World Health Organization)



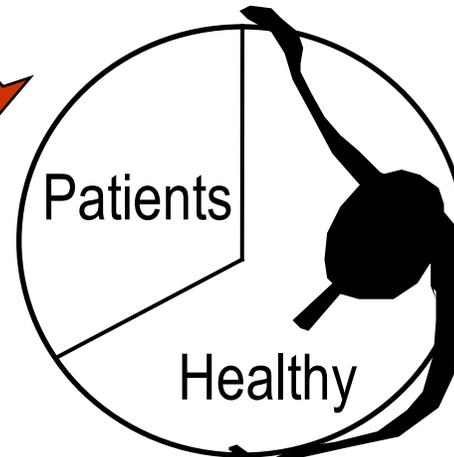
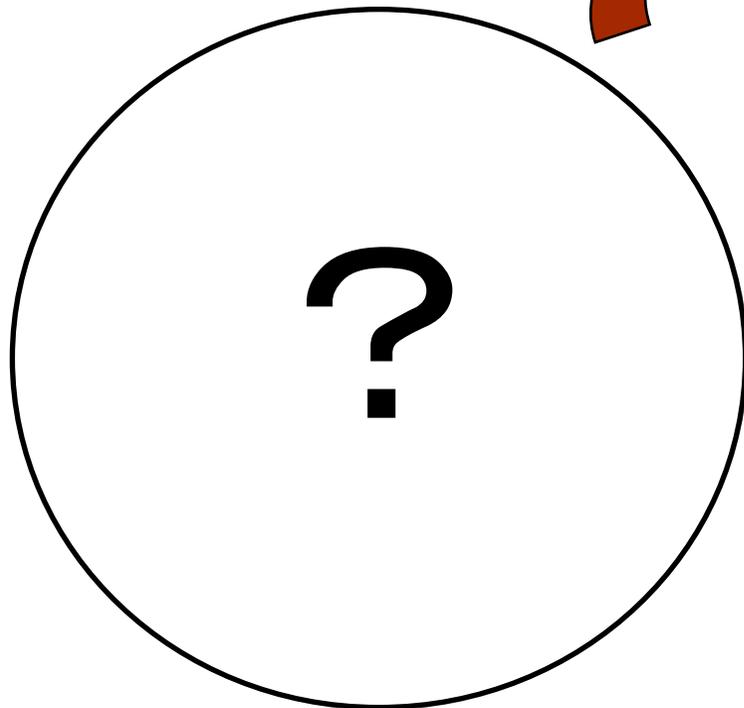
Functions of research methods



Epidemiology

Study sample

Population



Biostatistics



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Basic research steps

Protocol development

Main survey

Data management
(data cleaning and entry)

Pilot survey

Data analysis

Results dissemination

Literature search



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“One chance,
one meeting”



Look around to
find collaborators.



Key words

1. Descriptive analysis of available data
2. Cross-sectional study
3. Case-control study
4. Cohort study
5. Intervention study

P-value, confidence interval,
relative risk, odds ratio



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Descriptive study of available data

❖ Journal of Epidemiology. 2005; 15: 163-172.

Aya Goto, Quang Vinh Nguyen, et al.

Prevalence of and Factors Associated with Reproductive Tract Infections among Pregnant Women in Ten Communes in Nghe An Province, Vietnam

issues when phase II of the project started in 2000. According to the outpatient record of the Nghe An MCH/FP Center in 2002, around 40% of the gynecological patients were diagnosed with vulvitis, vaginitis or cervicitis and treated without identifying the pathogens. The results from a situational analysis of the reproductive health services in Nghe An Province revealed that the RTI treatment given was based mainly on clinical symptoms.¹⁰ The information suggests a lack of proper laboratory techniques and standardized case management in the region.

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Cross-sectional study



pregnancy

delivery

6 months

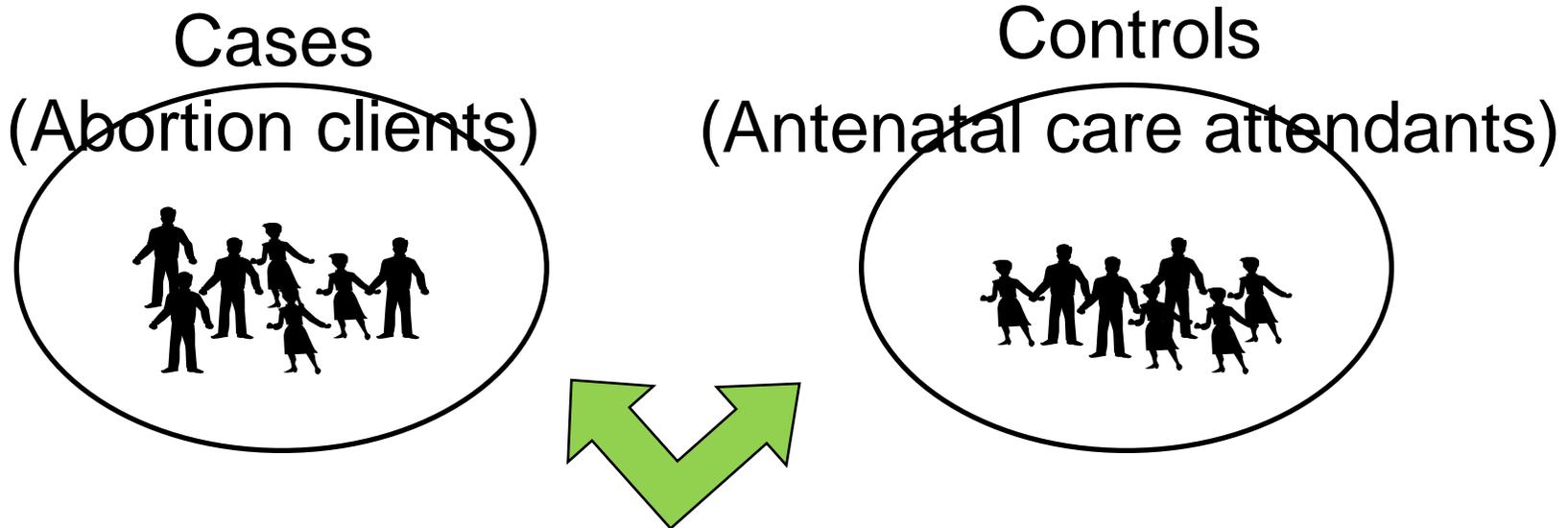
Follow-up (cohort) study



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Case-control study

Factors associated with induced abortion among primigravid women in Ho Chi Minh City



Ask about PAST reproductive related behaviors

Follow-up study

Influences of pregnancy intention on parenting

Baseline survey

Unintended pregnancy



Intended pregnancy



Follow-up survey to see parenting outcomes



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Intervention study

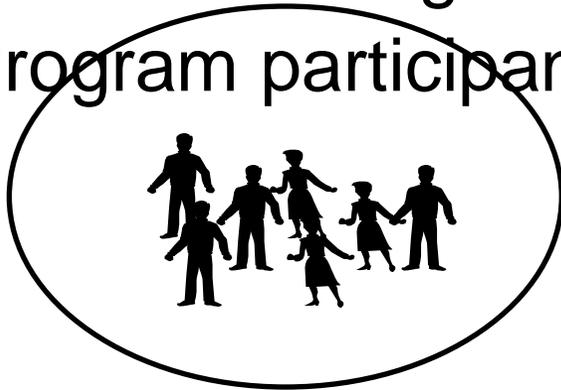
Effectiveness of a parenting support

Baseline survey



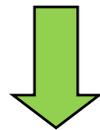
Intervention group

(Program participants)



Control group

(Non-participants)



Follow-up survey



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Web resources

- ❖ Boston University School of Public Health.
Ann Aschengrau and George R. Seage, 2003.
<http://publichealth.jbpub.com/aschengrau/index.cfm>
(Go to Student Resources – Power Point Slides)
(For beginners, start with a slide set named “Overview of Epidemiology”)
- ❖ University of North Carolina at Chapel Hill
<http://www.epidemiolog.net>
- ❖ WHO Collaborating Center University of Pittsburgh
Supercourse -Epidemiology, the Internet and Global
Health- <http://www.pitt.edu/~super1/>

